

Corlia Vd M Malan is a dedicated fitness and wellness expert with a passion for promoting healthy lifestyles. As a member of the Chance4all Board of Advisors, she brings her extensive knowledge in physical fitness, Pilates, and wellness to support the organization's mission. Corlia is the founder of [**Cmomfit Boutique Fitness & Wellness Studio**](#), where she inspires and empowers individuals to embrace an active, healthy lifestyle. Her unwavering commitment to fitness and community well-being has significantly impacted many lives in South Africa, Botswana, and Zambia, and has served as a motivation to others all over the world.